



Sport and Recreation

South African sportsmen and women excelled on the world stage in 2013/14. The country's national rugby and football teams both boosted their world rankings over the course of the year. The Proteas remained the undisputed number one team in test cricket. Perhaps the biggest upset in football in 2013 occurred at the FNB Stadium in Johannesburg on 19 November, when Bafana Bafana, ranked 61st in the world defeated world and European champions, Spain by a goal to nil. It was a welcome boost for a team that had missed out on qualifying for the 2014 Fifa World Cup.

Role players

Sport and Recreation South Africa (SRSA)

SRSA is the national department responsible for sport in the country. Aligned with its vision of an active and winning nation, its primary focuses are on providing opportunities for all South Africans to participate in sport; managing the regulatory framework; and providing funding for different codes of sport.

South African Sports Confederation and Olympic Committee (Sascoc)

Sascoc is the national coordinating macro-body for the promotion and development of high-performance sport in South Africa, including team presentation, and must consult with relevant sports bodies in this regard. It represents Team South Africa for all multicoded sport participating in international games, such as the Olympic Games, Paralympic Games, Commonwealth Games and All-Africa Games.

South African Institute for Drug-Free Sport (SAIDS)

The SAIDS, which was established in terms of the SAIDS Act of 1997 as amended, is controlled and administered by the SRSA.

World Anti-Doping Agency (WADA)

South Africa serves as the African representative on the Executive Committee of WADA. The Africa Regional Office of the WADA was established in Cape Town in 2004 to coordinate the anti-doping activities of the agency throughout Africa.

Boxing South Africa (BSA)

BSA's intention is to ensure effective and efficient administration of professional boxing in South Africa; to create synergy

between professional and amateur boxing and to promote interaction between associations of boxers, managers, promoters, trainers and officials and BSA.

Programmes and projects

National Sport and Recreation Plan (NSRP)

The five transversal issues, which permeate every building block of the NSRP are reflected in five strategic objectives, namely transformation, priority codes, ethical environment, geo-political sports boundaries and amateur versus professional sport. Other programmes and projects include:

- National Sport and Recreation Plan
- *I Play Fair – Say NO! to Doping* campaign
- International Rugby Board (IRB) *Keep Rugby Clean* campaign
- *ThinkSport Journal* project
- *Little Green Book* project
- Qhubeka: bicycles for rural development.

Major events

Nelson Mandela Sports Day

The inaugural Nelson Mandela Sport and Culture Day at the FNB stadium on 17 August 2013 saw, for the first time in the history of South African sport, South Africans watching both rugby and football teams playing against their opponents at the same venue. There were also cultural activities and a music concert later in the day. Proceeds went towards the building of the Nelson Mandela Children's Hospital.

African Nations Championship (CHAN)

South Africa hosted the CHAN tournament from 11 January to 1 February 2014. CHAN featured African national teams made up entirely of players from the domestic leagues of the different countries. As host, South Africa qualified automatically for the event and was joined from the Southern Zone by Zimbabwe, who booked their place with a win over Zambia, and Mozambique, who defeated Angola.

The other participants were Libya, Morocco, Mauritania, Mali, Ghana, Nigeria, Burkina Faso, Congo, Gabon, the Democratic Republic of Congo, Burundi, Ethiopia and Uganda. The draw for the tournament finals took place at the Confederation of African Football's headquarters in Cairo, Egypt on 18 September 2013. The teams were divided into four groups of four, with the CHAN organising committee

determining the four seeded teams based on the rankings of those countries.

The CHAN matches were played at the Cape Town and Athlone Stadiums in Cape Town, the Free State Stadium in Bloemfontein, and the Peter Mokaba Stadium in Polokwane.

Fina World Cup

At the Fina World Cup in Barcelona in August 2013, Chad le Clos set a new world record in the 200 m butterfly event in a time of 1:49.04. Le Clos also won gold in the 100 m butterfly. Cameron van der Burgh won gold in the 50 m breaststroke event in Barcelona. South Africa finished ninth on the medal table in Barcelona. Roland Schoeman won gold in the men's 50 m breaststroke, 50 m freestyle and 50 m butterfly events at the Fina World Cup in Berlin.

Africa Cup of Nations (Afcon) 2013

South Africa hosted a successful Afcon 2013, held from 19 January 2013 to 10 February 2013. Johannesburg City Parks in partnership with Township TV broadcast all the Afcon matches at nine public parks within the City of Johannesburg.

South African Sports Awards

The South African Sports Awards were presented at a ceremony in November 2013 where the SRSA honoured the sporting heroes who had excelled in the last 12 months.

Itumeleng "Spider Kid" Khune was the 2013 SA Sport Star of the Year.

Mapaseka Makhanya, who was the only woman in the running for the Sports Star of the year award, was the Sports-woman of the Year. She was the champion in the 1 500 m and 5 000 m events at the South African Senior Championships in Stellenbosch. She was also the overall winner of the SPAR Grand Prix series and claimed victory at the Gauteng Marathon, smashing the women's record by more than six minutes in her marathon debut.

Cameron van der Burgh was chosen the Sportsman of the Year. He is Africa's first home-trained world record holder and individual male Olympic Champion.

Sportswoman with Disability and Sportsman with Disability awards went to Kgothatso Montjane and Lucas Sithole respectively.

The Proteas were named the Team of the Year. They returned from a successful tour against Pakistan in Dubai.

They drew 1-1 in a test series; won 4-1 in the One Day International series and won 2-0 in the Twenty20 series.

National Indigenous Games

The 2013 National Indigenous Games Festival, which is organised annually by the SRSA, took place at the Tshwane Events Centre from 20 to 24 September 2013.

The games played included *khokho*, *intonga*, *ncuva*, *mora-baraba*, *diketo*, *drie stokkies*, *kgati*, *dibeke* and *juskei*, all of which are indigenous to South Africa and played in various parts of the country. The Games also provide recreational activities for young children and families.

National Sports Volunteer Corps (NSVC)

At the end of the 2012/13 financial year 864 sports legends were registered for the NSVC programme.

The purpose is to register and to keep a record of sporting greats in the form of sports legends and former players, athletes, coaches and administrators to use their experience in developing sport in schools.

Most public and rural schools do not have specialist coaches to train their teams and to run their leagues.

The department took delivery of 12 sports buses in 2013 that would transport sports stars who conduct training.

Major sporting achievements in 2013

One of the most exciting events in 2013 was the announcement of an athletics academy in Pretoria, aimed at high school pupils. The project, which will cost in the region of R15 million a year, is being fully funded by a donor who wants to remain anonymous.

Athletics

In May 2013, 23-year-old Reinhardt Hamman beat the African record for javelin of 43,37 m in the F37 class by throwing 44,93 m in the annual Nedbank National Championships for the Physically Challenged. In August 2013, Johan Cronje claimed bronze and the first ever medal for South Africa in the men's 1 500 m event at the International Association of Athletics Federations World Championships in Moscow.

Biking, mountain biking, cycling

Ashleigh Moolman Pasio's 2013 was faultless. In March she claimed both gold medals at the South African Championships

in Nelspruit and then bookended her racing year appropriately in December with double gold at the African Championships in Egypt.

Daryl Impey made international headlines when he became the first South African to lead the Tour de France for two stages. He also snatched the silver medal in the men's team time-trial at the Road World Championships in Italy. Back on South African soil, Impey won his second individual time-trial at the South African road championships.

Greg Minnaar retained his Downhill World Championship crown at the UCI Mountain Bike and Trials World Championships in his home town of Pietermaritzburg.

Kevin Evans, claimed victory in the elite men's road race at the Maccabi Games, increasing the tally of medals to four for the small team at the games in Israel. The team went on to claim eight gold, four silver and four bronze medals at the African Continental Championship in Egypt.

Dylan Girdlestone won the eight-day Tour of Rwanda in Kigali.

Louis Meintjes was named Best African Rider of the Year in a poll of African cyclists conducted annually by La Tropicale Amissa Bongo.

He claimed a silver medal at the *Union Cycliste Internationale* Road World Championships in Italy.

On the local circuit, Jay Thomson secured the national men's title at the South African Road Championships in Nelspruit. The gold medal followed Thomson's silver in the individual time trial earlier that week.

Olympian Philip Buys and Samantha Sanders claimed the elite cross-country titles at the South African Mountain Biking (SA-MTB) National Championships in Port Elizabeth, while defending champion Tiaan Odendaal won his second consecutive downhill championship title.

James Reid and London Olympic road cyclist Robyn de Groot, were crowned champions at the SA-MTB in Hazyview.

One highlight was the inaugural staging of the Mzansi Tour, which was won by Robert Hunter.

The Momentum 94.7 cycle challenge was won by Bonitas rider Willie Smith. Team Bonitas' Herman Fouche claimed his first win of the season in the Cape Argus Cycle Tour. The women's race was won by Anriette Schoeman, who was later rewarded with a motion of congratulations in Parliament, for achieving a record seven Cape Argus titles.

Girdlestone claimed victory in the 151 km Jock Cycle Classic, while Bestmed-ASG captain An-Li Kachelhoffer took the overall honours in the women's race.

Team Abantu's Nolan Hoffman bagged 15 road titles, which included the Amashova Durban Classic, GoWest Cycle Classic and the Engen Cycle Challenge. In MTB racing, national women's MTB marathon champion De Groot won at the Momentum 94.7 MTB Challenge race, while Kallen Williams defended his men's title.

In June 2013, De Groot won the national MTB marathon championships, as well as the women's 75 km marathon at the MTN Rooiberg event in the same month. South Africa's team RE:CM's Waylon Woolcock and Erik Kleinhans secured the men's title at the seven-day Cape Pioneer Trek.

Cape Epic victory went to Christoph Saucer and Jaroslav Kulhavy in the men's race, while Yolande Speedy and Catherine Williamson won the women's race.

Max Knox and Nico Bell claimed overall victory in the three-day Nedbank sani2c MTB race which finished on the KwaZulu-Natal south coast.

Candice Neethling and Philip Buys bagged titles at the National MTB Cup Series.

Track cycling Olympian Bernard Esterhuizen smashed his own national record in the 200 m sprint qualifying event at the UCI Track World Cup in Mexico.

He also won the men's title in the keirin at the Deer Park Nature Spring Water UCI Fastest Man (and Woman) on Wheels in Pennsylvania, USA.

At the national championships in Belville, Esterhuizen won both the sprint and one-kilometre time-trial. Nolan Hoffman won both the scratch and omnium events. Elite BMX racer Teagan O'Keeffe finished 12th overall in the UCI Supercross World Cup standings, while Sifiso Nhlapo ended the season ranked 31 in the men's standings.

H4 hand-cyclist and defending road-race World Champion Ernst Van Dyk won his second silver medal at the UCI Paracycling Road World Championships in Canada.

Boxing

Vision 2017 is a strategy to resuscitate and promote boxing in all the provinces.

In March 2013, officials projected that if all went well, boxing revenue would reach R5 million in the 2013/14 financial year, R6,2 million in 2014/15, increasing to R7,1 million by 2016.

In October 2013, nine Eastern Cape boxers beat some of South Africa's big guns to secure themselves a seat on the plane to Scotland to participate in the 2014 Junior Olympics.

The nine boxers, including four boys and five girls aged between 15 and 18, won their places at the Junior Olympics by beating their opponents at a national youth boxing tournament held in Bethlehem in October.

Simpiwe Vetyeka became South Africa's first World Boxing Association super champion in 20 years.

Cricket

South Africa's national team, the Proteas brushed Pakistan aside in a three-test series. Six months later, in the United Arab Emirates the Proteas romped to an innings victory in the second test to tie the series. The win was South Africa's 100th since the country's re-admission to world cricket in 1992.

Three of Wisden's Cricketers of the Year were South Africans, with Hashim Amla, Dale Steyn and Jacques Kallis being recognised by the *Cricketer's bible*.

Canoeing, rowing

In September 2013, South African paddlers excelled at the ICF Canoe Marathon World Championships in Copenhagen.

Hank McGregor captured the prestigious open K1 title on the final day of competition to become world champion for the third time. Andy Birkett, the three-time winner of the world's largest canoe race, the Dusi Canoe Marathon, meanwhile showed that his talents are not suited to the uniquely challenging Dusi only. He won in the under-23 K1 category.

Kirsten Flanagan, the under-18 world surfski champion, added a silver for South Africa in the K1 women's junior race.

In the Masters World Championships, Natal Canoe Club's Marion Young and Len Jenkins senior both came away with two gold medals. Young teamed up with Angela Scruby to capture the K2 title.

Jenkins, who had coached Young, managed the same feats in the men's 70 to 74 age group. Lee McGregor teamed with Alan Hold for a K2 gold medal in the 60 to 64 age category. Hold had won a silver medal in K1 competition, while McGregor claimed fourth place against competition 10 years his junior while contesting the K1 race in the 50 to 54 age group.

Rowers David Hunt and Vincent Breet won gold in the men's pairs at the under-23 World Championships.

Golf

South Africa's Lee-Anne Pace came from behind to triumph at the Turkish Airlines Ladies Open, a Ladies European Tour event, at the National Golf Club in Belek, Antalya, in May 2013.

In March 2013, Thomas Aiken captured the second European Tour title of his career winning the Avantha Masters in New Delhi, India to become the sixth South African winner in just 12 tournaments on the European Tour.

In February 2013, South Africa Special Olympics gold medallist Thomas Lugg, set a new benchmark for Special Olympians worldwide when he made a historic debut at the 2013 Sanlam South African Amateur Golf Championship at Johannesburg's Country Club. Also in February 2013, Darren Fichardt captured the Africa Open Golf Challenge in East London to continue the run of success by local golfers in European Tour events hosted in South Africa.

Richard Sterne won his sixth title in February 2013, winning the event with a tournament record total of 27-under-par 260 in the Joburg Open at the Royal Johannesburg and Kensington Golf Club.

South Africa's Louis Oosthuizen began 2013 in style by capturing the Volvo Golf Champions at Durban Country Club in January. With the win, he climbed to a career-high ranking of fourth in the world.

In the KeNako South Africa World Junior Tournament, Jade Buitendag won the 2013 title. Jason Froneman was paired with Buitendag in the team competition. The team's combined 136 strokes won the day against closest rivals, Australia's 147 strokes. Lara Weinstein became the first player to successfully defend her title.

At the official prize giving dinner KeNako Academy announced that the academy had signed a new three-year contract with the World Junior Golf Series, extending the KeNako South Africa World Juniors Tournament to 2016.

In June 2013, British Open Champion, Ernie Els, claimed his first victory in Germany when he won the BMW International Open in München. A group of golfers, including South African sports celebrities Jacques Kallis, Nick Mallet, Jake White and Francois Pienaar, have raised and donated almost R650 000 to help fund several struggling community organisations.

The sports stars were among about 1 000 golfers who played in the week-long Cadiz Steenberg Classic at one of the world's top golf estates, the Steenberg Golf Estate in Cape Town.

Hockey

South Africa played the Netherlands in the Investec Challenge final in January 2013.

In the same month, the Investec South African women's hockey team beat Austria 2-0 in their final World League round two match at Hartleyvale Stadium in Cape Town.

South Africa's hockey captain Austin Smith netted a hat-trick of penalty corners in his team's 3-1 Test 3-1 victory over Malaysia in Potchefstroom, in June 2013.

Ice hockey

The South Africa men's team is currently ranked 40th, and the women's team ranked 28th in the International Ice Hockey Federation (IIHF) World Rankings.

The 2013 IIHF World Championship Division III was an international ice hockey tournament run by the IIHF.

Group A was contested in Cape Town, South Africa from 15 to 21 April 2013.

Motorsport

Giniel de Villiers finished second in the Dakar Rally in a South African-built Toyota Hilux 4x4 and was named the South African Motor Sportsman of the Year.

Kelvin van der Linde made South African motor racing history when he won the 2013 Volkswagen Scirocco R-Cup Championship at the Hockenheimring circuit in Germany and Austria in October 2013 and won a place at the FIA Institute's 2013/14 Young Driver Excellence Academy.

At Hakskeen Pan, a dry lake bed in South Africa's Northern Cape, a team of 317 previously unemployed people funded by the provincial government is finishing up its job of clearing rocks and stones from 10 million square metres of desert race track – by hand.

When they're done, they'll have helped create what land speed record holder Andy Green has described as the world's best race track, just waiting for the world's first 1 000-miles-per-hour-car to arrive.

The Bloodhound Project is a global education initiative that has been built around the record attempt. It aims to inspire young people to pursue careers in science, technology, engineering and mathematics, and its centrepiece is the Bloodhound Super Sonic Car, a 33 000 horsepower jet- and rocket-powered racing car.

Netball

South African netball umpire Theresa Prince began 2013 by officiating a test series between reigning world champions Australia and third ranked England in January.

The South African Under-21 netball squad made a clean sweep of all their matches in their short tour of Singapore.

Rugby

The Springboks began their international season with an emphatic 44-10 win over Italy in their first game of the Incoming Series in June 2013. South Africa staged a second-half comeback to record a flattering 30-17 win over Scotland in the four-nation tournament in June 2013.

Bryan Habana took his Test try total to 50 as South Africa defeated a 14-man Samoa side 56-23 at Loftus Versfeld to win the Incoming Series final.

The Springboks got their Rugby Championship campaign off to a good start with a 73-13 annihilation of Argentina at the FNB Stadium in August 2013. Two late penalties by flyhalf Morné Steyn sealed an unimpressive 22-17 win for South Africa over Argentina in a Rugby Championship Test in August 2013.

The new Springbok Experience rugby museum opened its doors to the public at the V&A Waterfront in Cape Town on Heritage Day 2013, and was given an enthusiastic thumbs-up by Springboks and former national captains.

The South African Sevens team finished second in the HSBC Sevens World Series, won titles in Las Vegas, Tokyo and Edinburgh, defeating New Zealand on all three occasions for the title, and also captured World Games gold in Colombia in August.

Former Springbok coach Ian McIntosh received the International Rugby Board's Vernon Pugh Award for Distinguished Service at the IRB World Rugby Conference and Exhibition in Dublin, Ireland, in November 2013.

Running

Endurance running is a popular sport in South Africa and is widely supported. It is highlighted by two ultra-marathons, namely the Comrades Marathon and the Two Oceans Marathon. Both events are world-renowned and attract large numbers of participants from across the globe. The Comrades Marathon takes place in KwaZulu-Natal and the Two Oceans in the Western Cape.

A record field of athletes lined up at the start of the 2013 Old Mutual Two Oceans Marathon in cold and windy conditions. Novice runner David Gatebe beat a highly competitive field at the 44th Old Mutual Two Oceans Ultra Marathon in April 2013, in a time of 03:08:54.

Charne Bosman came third in the Women's Race.

The combined results for those athletes who completed both the Old Mutual Two Oceans Ultra Marathon and the Cape Argus Pick n Pay Cycle Tour in 2013 were Lindy-Lee Fölscher who topped the women's race in a total time of 8:02:47 and Marco De Freitas who took the men's in a total of 7:03:04.

In the half marathon, both the men's and ladies winners established new course records despite windy conditions. Stephen Lesego Mokoka (Team Transnet) won the men's race in a time of 01:03:36. In the ladies race, Rene Kalmer took second place. Third place in the ladies 21 km went to Irvette van Blerk.

The searing heat and strong winds will have the 2013 Comrades remembered as one of the toughest Comrades marathons.

Some memorable Comrades 2013 moments:

- South African Claude Moshiywa won the 2013 race, in a time of 05:32:09.
- Defending champion Ludwick Mamabolo finished in fourth place.
- Charne Bosman was the first South African woman across the line, in fifth place.
- Alan Robb ran his 40th consecutive Comrades Marathon.
- Out of 19 907 entrants 14 336 started the race and only 10 188 finished.
- Around 7 000 runners crossed the finish line in the last 90 minutes of the event.

Soccer

Banyana Banyana finished in 11th place in the Cyprus Cup in March 2013 after defeating Northern Ireland 5-4 in a penalty shootout at the Tasos Markou Stadium in Paralimni. Banyana Banyana were too strong for Mozambique in an international friendly played at KaNyamazane Stadium in Nelspruit in June 2013, romping to a 5-0 victory. In June 2013, Banyana Banyana played to a 1-1 draw with Zimbabwe in a friendly international at Sinaba Stadium in Daveyton.

Bafana Bafana's hopes of reaching the World Cup in Brazil in 2014 ended in heartbreak despite a Bernard Parker brace

propelling them to an emphatic 4-1 victory over Botswana in their final qualifying match in Durban in September 2013.

Tlou Segolela scored a goal in each half as Bafana Bafana defeated Lesotho 2-0 in an international friendly match played at the Setsoto Stadium in Maseru, Lesotho in June 2013. Orlando Pirates made headlines when they reached the final of the African Champions League.

Pirates' great rivals, Kaizer Chiefs, the most popular team in South Africa, won the Premier Soccer League title for the first time since 2004/05.

Surfing, surfski, sailing

In May 2013, the South African surfing team celebrated a superb double at the 2013 Reef ISA World Surfing Games in Panama when they were crowned the ISA World Team Champions and captain Shaun Joubert clinched the ISA Men's World Champion title.

In addition to the gold medals, Team South Africa collected the Fernando Aguerre World Team Champion Trophy, the International Olympic Committee President's Trophy, and the once-off 5th Century Cup of the Discovery of the Pacific Ocean for winning the title for the first time outside South Africa.

In July 2013, the Sapinda Rainbow project and Nelson Mandela Children's Fund bid 'bon voyage' to 10 young South Africans (eight primary crew and two reserves) before they left for the United Kingdom (UK) to train for the Clipper Round the World Yacht Race, which set off from London on 1 September 2013; at 40 000 miles it's the longest ocean challenge on the planet. The unique initiative aims to develop young community leaders of the future who will also raise international awareness and funds for the Nelson Mandela Children's Hospital.

The group took centre stage at the 2013 Annual Children's Celebration to mark its founder Nelson Mandela's 95th birthday.

Swimming

In September 2013, South African Olympic and Paralympic medal-winning swimmer Natalie du Toit was awarded an honorary Member of the Most Excellent Order of the British Empire by Her Majesty Queen Elizabeth of the UK for her services to Paralympic sport.

Ice swimmers Andrew Chin, Ram Barkai, Ryan Stramrood and Toks Viviers were part of the international relay swim in Arctic gale force winds (at times up to 44 knots), strong

currents, five metre swells and water temperatures ranging between 2° and 8° C.

Carina Bruwer, lead player of Sama Award-winning instrumental pop group Sterling EQ, successfully rounded Cape Point on 23 April 2013, finishing an 8 km extreme swim equipped only with a standard swimming costume, cap and goggles, according to openwater swimming rules. The “Swim for Hope” was in support of the Little Fighters Cancer Trust a local charity that offers support to children with cancer and their families.

Cameron van der Burgh and Giulio Zorzi of Pretoria shared the 50 m breaststroke podium at the World Swimming Championships in Barcelona. Van der Burgh, with his gold medal, and Zorzi, wearing his bronze, stood arm-in-arm as Nkosi Sikelel’ iAfrika played for them. At the same event Chad le Clos claimed the butterfly double

Tennis

In February 2013, South Africa’s junior tennis players proved they are the best on the continent by dominating the African Junior Championships at the University of North West in Potchefstroom.

In April 2013, South Africa’s leading players shone at the Airports Company South Africa, South African Open.

Chess

In July 2013, South Africa hosted the African Open Chess Championships for the second time in two years. Eight hundred players from 29 countries participated.

President Zuma said at the opening of the event that sport contributed to advancing sustainable development in different sectors of South African society.

The Department of Basic Education encourages chess as a sport in schools.

South Africa intends to use chess as an educational tool, to enhance logic and lateral thinking for mathematics and sciences.

South Africa will count on the Local Organising Committee’s commitment to supporting chess development programmes in underprivileged communities.