



**OFFICIAL GUIDE TO SOUTH AFRICA 2017/18**

# Sport and Recreation

The Department of Sport and Recreation South Africa (SRSA) oversees the development and management of sport and recreation in South Africa.

The department's work to increase the accessibility of sport and recreation facilities contributes to the achievement of the National Development Plan's goals of nation-building, social cohesion and a healthy national lifestyle, and Outcome 14 (a diverse, socially cohesive society with a common national identity) of government's 2014-2019 Medium Term Strategic Framework.

### Promoting participation in sport and recreation

The SRSA recognises that for citizens to lead healthy lifestyles, they need get into the habit of being active from a young age. Campaigns and events include youth camps, the annual Big Walk, a national recreation day, the national indigenous games festival, the rural sport development programme, and community outreach programmes.

At youth camps, which are attended by more than 2 000 participants from various backgrounds, young people are taught leadership and life skills, and the importance of national pride.

The department supports school sport leagues in partnership with the Department of Basic Education. Young people are given opportunities to showcase their skills at events such as the national school sport championships, which exposes South African sporting talent to national federations and talent scouts.

The department is responsible for hosting the national indigenous games festival, which continues to grow in popularity each year. These games showcase nine indigenous games commonly played in South Africa. All provinces present teams selected from various communities at the games, which are held from the community level to the provincial level.

The games bring people from culturally diverse backgrounds together as part of South Africa's heritage celebrations in September. Indigenous games federations have been established at provincial level and national structures are being formally constituted for all indigenous games.

### Supporting the delivery of sport infrastructure

The department was expected to work with the Department of Cooperative Governance, the South African Local Government Association and municipalities to ensure that funds earmarked in the municipal infrastructure grant for the provision of sport and recreation facilities are used to provide facilities in the areas of greatest need.

To encourage participation in sport and recreation, the Sport and Recreation Facility Planning subprogramme will continue to advocate for municipalities to deliver community gyms and children's play parks.

To give local community members and athletes in disadvantaged areas access to opportunities to exercise and improve their health and fitness, 10 community gyms across South Africa are expected to be provided in each year over the Medium Term Expenditure Framework period.

The department facilitates the delivery of specialised multipurpose sport courts and other infrastructure projects to improve access to sport and recreation activities through a partnership with the Sports Trust.

### Nurturing talent and supporting excellence

The department awards ministerial bursaries to learners in grades 8 to 12 who are identified as talented young athletes. These bursaries are valid for the duration of learners' school careers, and they attend 1 of the 58 sports focus schools in South Africa, which are selected by provincial departments because of their exceptional sports coaching and facilities.

In 2018/19, a minimum of 60 qualifying athletes, including learners already in the programme, were expected to be supported through the payment of school fees, the provision of school uniforms and sport clothing, sport scientific support and event attendance. An additional 40

emerging athletes identified by national federations as having the potential to compete at the high-performance level are also supported by the department each year through specialist training.

A further 40 elite athletes receive advanced coaching and financial support each year through the South African Sports Confederation and Olympic Committee's (SASCOC) high performance programme to help them prepare and perform at the four major multi-code games: the All Africa Games, the World Games, the Commonwealth Games, and the Olympic and Paralympic Games.

### Entities

#### **Boxing South Africa (BSA)**

The BSA administers professional boxing, recognises amateur boxing, creates synergy between professional and amateur boxing, and promotes interaction between associations of boxers, managers, promoters and trainers. The organisation's total budget for 2018/19 is R15 million.

#### **South African Institute for Drug-Free Sport (SAIDS)**

The SAIDS promotes participation in sport without the use of prohibited performance enhancing substances and methods, and educates sportspeople on fair play and the harmful effects of the use of prohibited performance enhancing substances and methods.

### Role players

#### **South African Sports Confederation and Olympic Committee**

SASCOC is the national multi-coded sporting body responsible for the preparation, presentation and performance of teams to all multi-coded events, namely the Olympic Games, Paralympic Games, Commonwealth Games, World Games, All Africa Games, Olympic Youth Games, Commonwealth Youth Games and Zone VI Games.

It also look after the various national federations affiliated to it, together with the various provincial sports councils. SASCOC is responsible for the awarding for National Protea Colours to athletes/officials who have met the criteria to represent South Africa in different sporting codes and arenas.

#### **World Anti-Doping Agency (WADA)**

The Africa Regional Office of the WADA was established in Cape Town in 2004 to coordinate the anti-doping activities of the agency throughout Africa.

This includes promoting and maintaining effective lines of communication between the WADA and all relevant stakeholders, governments and public authorities, the broad sports movement, national anti-doping agencies and laboratories.

South Africa continues to serve as the African representative on the Executive Committee of WADA.

### Programmes and projects

#### **National Sport and Recreation Plan (NSRP)**

The NSRP's five strategic objectives are transformation, priority codes, ethical environment, geo-political sports boundaries and amateur versus professional sport.

### Major events

#### **Big Walk**

The Big Walk is staged on the first Sunday of October to encourage participation in physical activity. The annual Big Walk takes place in October.

### Annual National Recreation Day

Although not a public holiday, the day provides an opportunity to all South Africans to be actively involved by participating in recreation activities that will improve their health and well-being.

### National Indigenous Games

The National Indigenous Games festival forms part of South Africa's annual heritage celebrations and brings people from culturally diverse backgrounds together. The popularity of the festival in recent years has contributed to an increase in the number of active participants in sport and recreation events.

The games played included khokho, intonga, ncuva, morabaraba, diketo, drie stokkies, kgati, dibeke and juskei, all of which are indigenous to South Africa and played in various parts of the country. The games also provide recreational activities for young children and families.

### South African Sports Awards (SASA)

The **12th SASA** ceremony was held in Kempton Park, Gauteng in November 2017.

The winners were:

- **Sportsman of the Year** – Luvo Manyonga.
- **Sportswoman of the Year** – Caster Semenya.
- **Sportsman of the Year with a Disability** – Dyan Buis.
- **People's Choice Sports Star Award** – Caster Semenya.
- **Sportswoman of the Year with a Disability** – Ilse Hayes.
- **Team of the Year** – Springbok Sevens.
- **Coach of the Year** – Jean Verster.
- **Volunteer of the Year** – Samuel Maduwa.
- **Newcomer of the Year** – Sokwakhana Zazini.
- **Indigenous Games Team of the Year** – North West Kho-Kho team.
- **Photographer of the Year** – Simphiwe Nkwali.
- **Sports Journalist Year** – OG Molefe.
- **National Federation of the Year** – Lifesaving SA.
- **Sport Administrator of the Year** – Sanelisiwe Kuzwayo.
- **Recreation Body of the Year** – In-Touch Community Support Group.
- **School Team of the Year** – St Mary's School Waverley.
- **Developing School Team of the Year** – Hlangabeza Primary School u13 chess.

The **13th SASA** ceremony was held in Bloemfotein, Free State in November 2018.

The winners were:

- **Sportsman of the Year** – Chad Le Clos.
- **Sportswoman of the Year** – Caster Semenya.
- **Sportsman of the Year with a Disability** – Ndodomzi Jonathan Ntutu.
- **People's Choice Sports Star Award** – Caster Semenya.
- **Sportswoman of the Year with a Disability** – Anrune Liebenberg.
- **Team of the Year** – Banyana Banyana.
- **Coach of the Year** – Samuel Sepeng.
- **Volunteer of the Year** – Linda Hlophe.
- **Newcomer of the Year** – Tatjan Schoenmaker.
- **Indigenous Games Team of the Year** – Morabaraba Team.
- **Photographer of the Year** – Steve Haag.
- **Sports Journalist Year** – Motshidisi Mohono.
- **National Federation of the Year** – Softball.

- **Sport Administrator of the Year** –Virginia Mabaso.
- **Recreation Body of the Year** – Mavu Sport Development.
- **School Team of the Year** – St Benedict's College.
- **Developing School Team of the Year** – Machakela-Mamodibo Secondary School.

## Major sporting activities

### Sporting codes

Major sporting codes in South Africa include, among others: Athletics; Biking; Mountain Biking; Cycling; Boxing; Cricket; Canoeing; Rowing; Golf; Hockey; Ice Hockey; Motorsport; Flying; Netball; Rugby; Running (including South Africa's two world-renowned ultra-marathons – the Comrades Marathon in KwaZulu-Natal and the Two Oceans Marathon in the Western Cape); Soccer; Surfing; Sailing; Swimming; Tennis, and Chess.