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INTERNET SAFETY TIPS FOR PARENTS AND CHILDREN

- Cases of child kidnapping are continuously being reported across the country, it is therefore important for parents and caregivers to make their children aware of the dangers of the internet.
- Do not allow children to browse alone, this is to ensure that the child does not view unsuitable content, and also supervise the child's online activities.
- Teach your child never to share personal information such as the address, phone numbers, names, siblings' details, parents' work details, etc. without the permission of parents/ caregivers.
- Teach your children that the internet provides anonymity, and their online friends may not really be who they say they are. Let them know that it is dangerous to meet with online friends as they could turn out to be paedophiles or kidnappers.
- Teach them not to send or respond to mean or insulting messages. If something happens online that makes them feel uncomfortable, they must talk to their parents or to a teacher at school.
- If you suspect that your child is missing, act immediately by going to your nearest police station to open a case. Call the crime stop number on 08600 10111, GBV Command Centre on 0800 428 428, Missing Children South Africa on 072 647 7464 or report online :
<https://missingchildren.org.za/report/>

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INTERNETVEILIGHEID: WENKE VIR OUERS EN KINDERS

- Gevalle van kinderontvoering word gedurig regoor die land aangemeld en daarom is dit belangrik dat ouers en versorgers hul kinders bewus maak van die gevare wat op die internet skuil.
- Moenie kinders toelaat om die internet sonder toesig te gebruik nie om te verhoed dat hulle nie ongepaste inhoud sien nie. Hou ook jou kind se aanlynaktiwiteite met 'n valkoog dop.
- Leer jou kind om nooit persoonlike inligting soos Adresse, telefoonnummers, name, inligting oor sibbe en ouers se werksbesonderhede sonder die ouer of versorger se toestemming te deel nie.
- Leer jou kinders dat die internet naamloosheid verskaf en dat dit beteken dat nie almal is wie hul voorgee om te wees nie. Maak seker kinders besef dat dit gevaarlik is om te reël om aanlynvriende êrens te ontmoet, want so 'n persoon kan maklik in werklikheid 'n pedofiel of ontvoerder wees.
- Leer hulle om nie lelike of afknouende boodskappe te stuur of daarop te reageer nie. As daar iets aanlyn gebeur wat hulle ongemaklik laat voel, moet hulle met 'n ouer of onderwyser daaroor praat.
- As jy vermoed dat jou kind vermis word, gaan meld dit dadelik aan by jou naaste polisiestasie. Skakel die Stop Misdaad-hulplyn by 08600 10111, die GGG-bevelsentrum by 0800 428 428, Missing Children South Africa by 072 647 7464 of rapporteer dit aanlyn : <https://missingchildren.org.za/report/>

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IIYELELISO ZOKUPHEPHA MALUNGANA NETHUNGELELWANOHLANGANISO EBABELETHINI NEBANTWANENI

- Kuyanda ukubikwa kwezehlakalo zokuthunjwa kwabantu elizweni lokeli, ngalokho-ke kuqakathekile ukuthi ababelethi nabatjheji babantwana bayeletise abantwabobo ngeengozi zethungelelwanohlanganiso (i-inthanethi).
- Ungavumeli abantwana baphenye i-inthanethi babodwa, ukuqinisekisa ukuthi ababukeli izinto ezingakabalungeli, begodu nawenza njalo uzabe welusa nezinto abazenza ku-inthanethi.
- Fundisa abantwabakho ukuthi bangathomi banikele abanye abantu imininingwana enjenge-adresi lapho bahlala khona, iinomboro zabo zamafowuni, amabizwabo, imininingwana yabantwana bakwabo, imininingwana yemsebenzini yababelethi babo, njll. ngaphandle kwemvumo yababelethi/yabatjheji.
- Fundisa abantwabakho ukuthi i-inthanethi lithulusi lokukhulumu nabantu abangaziwako, nabo ekungafaneli bakwazi, ngalokho-ke abangani babo be-inthanethi kungenzeka bangabi ngilokho abathi bangikho. Batjele ukuthi kuyingozi ukuhlangana nabangani be-inthanethi, ngoba kungenzeka ukuthi bababantu abakhulu abanomukghwa wokulala nabantwana namkha babe bathumbi.
- Bayeletise ukuthi bangathomi bathumelele umuntu imilayezwana engazisiko namkha ethukanako, ngokunjalo nabo bangathomi baphendule imilayezwana enjengaleyo. Nayibe bahlangabezana nento ebagugunyako ku-inthanethi, abakhulume nababelethi babo namkha utitjhere wabo esikolweni.
- Nayibe usola ukuthi umntwanakho ulahlekile, sikima msinyana uthathe amagadango ngokuya epolisteyitjhhi eseduze uyokummangala. Fowunela inomboro yokulwa nobulelesi ku- 08600 10111, namkha ufwunele iZiko eliLawula ze-GBV ku- 0800 428 428 , namkha ufwunele iZiko labaNtwna abaCimeleko (*i-Missing Children South Africa*) ku- 072 647 7464 namkha ubike ngethungelelwanohlanganiso ku- : <https://missingchildren.org.za/report/>

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NGELETSHEZO DZA TSIRELEDZO KHA INTHANETHE U ITELA VHANA NA VHABEBI

- Milandu ya u thubiwa ha vhana khou bvelaphanđa na u vhigiwa u mona na shango, zwenezwo ndi zwa ndeme kha vhabebi vha vhat̄hogomeli vha vhana uri vha ȸivhe nga ha khombo ya inthanethe.
- Vha songo tendela vhana vha tshi burausa vha vhołhe, hezwi ndi u khwałhisidza uri vhana a vha vholi zwi songo vha tea na u lavhelesa nyito dza vhana kha lubuvhisia.
- Kha vha funze vhana u sa tsha kovhelana mafhungo a nga ho sa ȸiresi, nomboro dza lułingo, madzina, zwidodombedzwa zwa vharathu na vhakomana, zwidodombedzwa zwa mushumoni wa vhabebi, nz, hu si na thendelo ya vhabebi/ vhat̄hogomeli vha vhana.
- Kha vha funze vhana uri inthanethe i ȸekedza u sa ȸivhea, na khonani dzavho dza kha lubuvhisia dzi nga kha ȸi vha dzi si havho vhane vha humbulela uri ndi vhone. Kha vha ri vha ȸivhe uri zwi khombo u ȸangana na khonani kha lubuvhisia saizwi vhane vha nga shanduka u vha vhadzia u ita zwa vhudzekani na vhana kana vhathubi vha vhana.
- Kha vha vha funze u sa rumela kana u fhindula kha milaedza ine ya sa pfadze kana i semaho. Arali ha itea zwithu kha lubuvhisia zwine zwa ita uri vha sa dzulisee, vha tea u zwi vhiga kha vhabebi kana mudededzi tshikoloni.
- Arali vha khou humbulela uri ȸwana wavho o xela, kha vha dzhie vhukando na zwenezwo kana vha ye mapholisani a tsini u vula mulandu. Kha vha founelenomboro ya u lwa na vhugevhenga kha 08600 10111, Senthara ya Ndaela ya GBV (GBV Command Centre) kha 0800 428 428, Missing Children South Africa kha 072 647 7464 kana vha vhige kha lubuvhisia ☎: <https://missingchildren.org.za/report/>

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GO ELETŠA BATSWADI LE BANA KA POLOKEGO INTHANETENG

- Melato ya go thopša ga bana e tšwelapele go begwa nageng ka bophara, bjalo go bohlokwa go batswadi le bahlokomedi gore ba lemoše bana ba bona ka dikotsi tša inthanete.
- O se ke wa dumelela bana ba gago go tsena inthaneteng ba le noši, se ke go kgonthiša gore bana ba se ke ba bona dilo tše ba sa swanelago go di bona, gape le go lekola dilo tše bana ba di dirago inthaneteng.
- Ruta bana ba gago gore ba se ke ba tsoga ba abelane ka tshedimošo ya bona ya go swana le aterese, dinomoro tša mogala, maina, dintlha tša bana ba gabobona, dintlha tša batswadi tša mošomo, bjalogjalo ka ntle le tumelelo ya batswadi/bahlokomedi.
- Ruta bana ba gago gore inthanete e kcona go khutiša tshedimošo, gomme bagwera ba bona ba inthaneteng ba ka no se fe tshedimošo ya bona ya nnete. Ba lemoše gore go kotsi go kopana le bagwera ba inthaneteng gobane ba ka no tšwa e le batho ba bagolo ba go tlaiša bana ka thobalano goba bomautswabana.
- Ruta bana ba gago gore ba se ke ba romela goba go araba melaetša ya go rogana goba ya lenyatšo. Ge selo se sengwe se ka direga inthanenteng seo se ba dirago gore ba kwe ba tshwenyega, ba swanetše go botša batswadi ba bona goba morutiši sekolong ka seo se ba tshwenyago.
- Ge o belaela gore ngwana wa gago o timetše, tše magato ka pelapela ka go ya setišing sa Maphodisa sa kgauswi gore o bule molato. Leletša nomoro ya Crime Stop mo go 08600 10111, Senthya Taolo ya GBV mo go 0800 428 428 le Missing Children South Africa mo go 072 647 7464 goba o bege se inthaneteng 📱:
<https://missingchildren.org.za/report/>

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IINGCEBISO ZOKHUSELEKO KWI-INTANETHI KUBAZALI NABANTWANA

- Amatyala okuxhwilwa kwabantwana kwasoloko exelwa rhoqo kwilizwe liphela, ngoko ke kubalulekile ukuba abazali kanye nabo bajonga abantwana babazise ngobungozi be-intanethi.
- Musa ukuvumela abantwana baphendle i-intanethi bebobwa, oku kukuqinisekisa ukuba umntwana akajongi zinto zingafanelekanga, ngoko ke zijonge izinto umntwana wakho azenza kwi-intanethi.
- Fundisa umntwana wakho ukuba angaze abelane ngeenkukacha zakhe ezifana nedilesi, iinombolo zefowuni, amagama, iinkukacha zabantwana bakowabo, iinkukacha zomsebenzi wabazali bakhe, njl. ngaphandle kwemvume yabazali okanye yalowo umjongileyo.
- Fundisa abantwana bakho ukuba i-intanethi inika ikroba lokungaziwa, kwaye izihlobo zabo ezikwi-intanethi zisenokungabi ngabo abo bantu bathi bangabo. Baxelete ukuba kuyingozi ukudibana nabahlobo ababafumana kwi-intanethi njengoko basenokuba kanti ngabaxhaphazi babantwana ngokwesini okanye abaxhwili babantwana.
- Bafundise ukuba bangathumeli okanye baphendule imiyalezo ekhohlakeleyo okanye ethukayo. Ukuba kukho into eyenzekayo kwi-intanethi ebenza bangakhululeki, mabathethe nabazali babo okanye nomfundisi-ntsapho esikolweni.
- Ukuba ukrokrela ukuba umntwana wakho ulahlekile, thabatha amanyathelo ngoko nangoko ngokuya kwisikhululo samapolisa esikufutshane nawe uyokuvula ityala. Tsalela umnxeba le nombolo yokuthintela ulwaphulo-mthetho ku-08600 10111, i-GBV *Command Centre* ku-0800 428 428, i-Missing Children South Africa ku-072 647 7464 okanye uxele nge-intanethi apha : <https://missingchildren.org.za/report/>

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SWISTUNDZUXO SWA VUHLAYISEKI BYA INTHANTE SWA VATSWARI NA VANA

- Milandzu ya ku tlhakisiwa ka vana yi le ku mangariweni hi ndlela leyi yaka emahlweni etikweni hinkwaro, hikokwalaho i swa nkoka eka vatswari na vahlayisi ku tivisa vana va vona hi makhombo ya le ka inthanete.
- U nga pfumeleli vana ku burawuza va ri voxé, leswi swi ta tiyisisa leswaku vana va nga voni vundzeni lebyi nga va ringanangiki, naswona tlhela u veka tihlo micingiriko ya le ka inthanete ya vana.
- Dyondzisa n'wana wa wena ku nga pfuki a avelanile vuxokoxoko bya yena n'wini byo tanihi adirese, tinomboro ta riqingho, mavito, vuxokoxoko bya vamakwenu, vuxokoxoko bya ntirho bya vatswari, swws. a ri hava mpfumelelo wa vatswari / vahlayisi.
- Dyondzisa vana va wena leswaku inthanete yi nyika vuxikalavito, naswona vanghana va vona va le ka inthanete va nge vuli hi ntiyiso leswaku hi vona vamani. Endla leswaku va tiva leswaku swi na khombo ku hlangana na vanghana va le ka inthanete tanihileswi va nga hundzukaka vapfinyi va vana kumbe vatlhakisi.
- Va dyondzise ku nga rhumeli kumbe ku hlamlula swihungwana swo rhukana. Loko swin'wana swi humeleta eka inthanete leswi swi va endlaka va titwa va nga tshamisekangi, va boheka ku vulavula na vatswari va vona kumbe mudyondzisi exikolweni.
- Loko u ehleketelela leswaku n'wana wa wena wa kayivela, teka goza xikan'wekan'we hi ku ya exitichini xa maphorisa xa le kusuhi na wena ku ya pfula nandzu. Bela riqingho eka nomboro ya Crime Stop eka 08600 10111, Senthara ya Ndzeriso ya GBV eka 0800 428 428, Missing Children South Africa eka 072 647 7464 kumbe u mangala eka inthanete :

<https://missingchildren.org.za/report/>

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AMASU OKUPHEPHA KU-IN THANETHI KUBAZALI NABANTWANA

- Izigameko zokuthunja kwabantwana ziyaqhube ka nokubikwa kulo lonke izwe, ngakho-ke kubalulekile ukuthi abazali nabanakekeli ukuthi bazise abantwana ngobungozi be-inthanethi.
- Ungavumeli abantwana bangene ku-inthanethi bodwa, lokhu kungukuqinisekisa ukuthi umntwana akabuki izinto ezingafanele, futhi bheka okwenziwa ngumntwana wakho ku-inthanethi.
- Fundisa umntwana wakho ukuthi anganikezel i ngeminiingwane yakhe efana nekheli, izinombolo zocingo, amagama, imininingwane yabantwana bakubo, imininingwane yasemsebenzini wabazali, njll. ngaphandle kwemvume yabazali noma yabanakekeli.
- Fundisa abantwana bakho ukuthi i-inthanethi iyamufihla umuntu, futhi abangani babo baku-inthanethi kungenzeka ukuthi akusibona labo abathi bayibo. Bazise ukuthi kuyingozi ukuhlangana nabangani baku-inthanethi njengoba kungenzeka ukuthi abantu abalangazelela ucansi nabantwana noma abantu abathumba abantwana.
- Bafundise ukuthi bangathumeli noma baphendule imiyalezo enonya noma enenhlamba. Uma kukhona okwenzakalayo ku-inthanethi okubenza bangazizwa behululekile, kumele bakhulume nabazali babo noma nothisha esikoleni.
- Uma usola ukuthi umntwana wakho ulahlekile, nyakaza ngokushesha ngokuya esiteshini samaphoyisa esiseduzane uyovula icala. Shayela inombolo yokunqanda ubugebengu ku-08600 10111, iSikhungo Esilwisana ne-GBV ku-0800 428 428, Ababhekele Ezokulahleka Kwabantwana eNingizimu Afrika ku-072 647 7464 noma ubike nge-inthanethi
👉: <https://missingchildren.org.za/report/>

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HO HLABA BATSWADI LE BANA MALOTSANA KA POLOKEHO INTHANETENG

- Dinyewe tsa ho kwetelwa ha bana di dula di tlalehwa ho phatlalla le na ha kahoo ho bohlokwa ho batswadi le ho bahlokomedi ho lemosa bana ka dikotsi tsa inthanete.
- O seke wa dumella bana ho hlwela inthanete ba le bang, sena ke ho netefatsa hore ngwana ha a bohe ditaba tse sa tshwanelehang, le hape ho beha leihlo seo ngwana a se etsang inthaneteng.
- Ruta ngwana hore a se leke ho fana ka lesedi la hae le kang aterese, dinomoro tsa mohala, mabitso, dintlha tsa bana babo, dintlha tsa mosebetsi tsa batswadi, jwalojwalo, ntle le tumello ya batswadi/bahlokomedi.
- Ruta bana hore inthaneteng batho ba kgona ho ipata seo ba leng sona, le hore metswalle ya bona ya inthaneteng ha se batho ba nahangan hore ke bona. Ba rute hore ho kotsi ho kopana le metswalle ya inthaneteng kaha e ka nna ya ba ke bahlekefetsi ba bana kapa bakwetidi.
- Ba rute hore ba se romele kapa ho arabela melaetsa e tenang kapa ya mahlapa. Haeba ho na le ntho e etsahalang inthaneteng e sa ba tshwareng hantle, ba lokela ho bua le batswadi kapa titjhere sekolong.
- Haeba o belaela hore ngwana hao o nyametse, nka kgato hanghang ka ho leba sepoleseng se haufi ho ritela nyewe. Letsetsa nomoro ya mohala ya thibelo ya botlokotsebe ho 08600 10111, Setsi sa Taolo sa GBV ho 0800 428 428, Mohala wa Bana ba Nyametseng wa Afrika Borwa ho 072 647 7464 kapa tlaleha ka inthanete ho : <https://missingchildren.org.za/report/>

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GO TLHABA BANA LE BATSAIDI BOTLHALE KA PABALESEGO MO INTHANETENG

- Dikgetse tse di begiwang tsa go utswiwa ga bana di tsweletse go tlhatloga, ka jalo, go botlhokwa gore batsadi le bagodisi ba bana ba rute bana ba bona ka dikotsi tse di tlisiwang ke inthanete.
- O se tlogele bana ba gago go tsena mo inthaneteng o sa ba bone, mosola wa seno ke go netefatsa gore bana ga ba lebelele dilo tse di sa ba lebanang, e bile gape ke go tlhokomela seo bana ba se dirang fa ba le mo inthaneteng.
- Ruta bana ba gago gore le ka motsi ope fela ba se tsoge ba abelane ka dintlha tsa bona tse di jaaka aterese ya lefelo leo ba nnang mo go lona, dinomoro tsa megalà, maina a bona, dintlha tsa bona ba motho le bona, dintlha tsa batsadi ba bona tsa kwa tirong le dintlha tse dingwe tsa mothale oo ntle le gore ba neelwe tetla ya go dira seo ke batsadi ba bona kgotsa bagodisi ba bona.
- Ba rute gore mo inthaneteng batho ba kcona go iphitlha gore ke bo mang, mme ditsala tse ba nang le tsona mo inthaneteng e ka tswa e le batho basele ba e seng bao e leng bona mo inthaneteng. Ba rute gore go ka nna kotsi thata go kopana le ditsala tse o di itsetseng fela mo inthaneteng gonne batho bao e ka tswa e le dilalome kgotsa bomautswabana.
- Ba rute gore mo inthaneteng ba tlogele go ikarabisetsa fa go na le mongwe yo a ba nyenyefatsang kgotsa yo a ba rogakang. Fa go na le sengwe se se sa ba tshwareng gentle se se diragalang fa ba le mo inthaneteng, ba ka buletsa seno mo motsading wa bona kgotsa mo morutabaneng wa bona kwa sekolong.
- Fa o beaela gore ngwana wa gago o timetse, tsaya dikgato ka bonako mme o lebe kwa seteišeneng sa sepodisi o tlhatlhele kgetse ya ngwana yo a timetseng. O ka letsetsa gape le mogala wa go Iwantshana le ditiro tsa bosenyi mo go 08600 10111, mogala wa tikwatikwe ya go Iwantshana le Tirisodikgoka e e Totileng Batho ba Bong jo bo Rileng (GBV) mo go 0800 428 428, Mogala wa go Bega Bana ba ba Timetseng wa Aforika Borwa mo go 072 647 7464 kgotsa wa bula kgetse mo inthaneteng mo go 🌐: <https://missingchildren.org.za/report/>

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EMATHIPHU EKUPHEPHA KU-IN THANETHI EBATALI NE BANTFWANA

- Tehlakalo tekutfunjwa kwebantfwana tibikwa njalo eveni lonkhe, ngako-ke kubalulekile kutsi batali nebanakekeli bebantfwana kutsi bente bantfwababo kutsi bacaphele tingoti te-inthanethi.
- Ungavumeli bantfwana kutsi babuke i-inthanethi babodywa, loku yindlela yekucinisekisa kutsi umntfwana akasibuki sicukatsilwati lesingafanele, futsi yelusa konkhe umntfwana lakwenta ku-inthanethi.
- Fundzisa umntfwanakho kutsi angabelani nelwatiso lwebuyena njengelikheli, tinombolo telucingo, emagama, imininingwane yebantfwabakabo, imininingwane yekusebenta yebatali bakhe, nalokunye, ngaphandle kwemvume yemtali/yebanakekeli.
- Fundzisa bantfwabakho kutsi ku-inthanethi umuntfu akatiwa, nekutsi labangani babo labatfolakala ku-inthanethi kungenteka kutsi abasiko loko labatsi bangiko. Abati kutsi kuyingoti kuhlangana nebanganzi labaku-inthanethi ngobe kungenteka kutsi babantfu labatsanza kwenta temacansi nebantfwana nome batfumbi.
- Bafundzise kutsi bangatfumeli nome baphendvule imilayeto lenelunya nome lenenhlamba. Nangabe kukhona intfo leyenteka ku-inthanethi lebenta bative bangaphatseki kahle, kufanele kutsi batjele batali babo nome bothishela esikolweni.
- Nangabe usola kutsi umntfwanakho unyamalele, tsatsa sinyatselo ngekushesha ngekutsi uye esiteshini semaphoyisa lesisedvute uyewuvula licala. Shayela inombolo ye-crime stop ku: 08600 10111, Sikhungo Lesilawula Tindzaba te-GBV ku: 0800 428 428, ku-Missing Children South Africa ku: 072 647 7464 nome ubike nge-inthanethi ku:  <https://missingchildren.org.za/report/>