

Sport and Recreation



South African sportsmen and women excelled on the world stage in 2013/14. The country's national rugby and football teams both boosted their world rankings over the course of the year, while the Proteas remained the undisputed number one test cricket team.

Perhaps the biggest upset in football in 2013 occurred at the FNB Stadium in Johannesburg on 19 November when Bafana Bafana, ranked 61st in the world, defeated world and European champions Spain by one goal to nil. It was a welcome boost for a team which had missed out on qualifying for the 2014 FIFA World Cup hosted by Brazil.

Sport and Recreation South Africa (SRSA)

The SRSA is the national department responsible for sport in the country. Aligned with its vision of an active and winning nation, it primarily focuses on providing opportunities for all South Africans to participate in sport; manages the regulatory framework; and provides funding for different sporting codes.

The right to play and to participate in sport has been embodied in United Nations (UN) instruments such as the Convention on the Rights of the Child and the Convention on the Elimination of all forms of Discrimination Against Women. It is recognised as a right, which all governments should make available to their people.

In line with the constitutional imperatives, the SRSA has been assigned the powers and functions to develop and implement national policies and programmes regarding sport and recreation in the country.

The SRSA aims to maximise access, development and excellence at all levels of participation in sport and recreation to improve social cohesion, nation-building and the quality of life of all South Africans.

The SRSA's goals include:

- leading the process of sport transformation, asset development and equity in sport and recreation.
- ensuring that school sport is offered in all schools in South Africa.
- ensuring that institutional mechanisms are in place that provide equal access at all levels of participation in sport and recreation.
- contributing to social cohesion and employment opportunities through mass mobilisation in sport and recreation.
- contributing to a healthy lifestyle through the provision of recreation programmes.
- instituting a funding model to enable the

effective implementation of sport and recreation programmes.

- ensuring that high-performance systems are in place that will enable more athletes, coaches, technical officials and administrators to reach national and international standards that will contribute to an improvement in South Africa's international rankings.
- improving governance and the delivery of sport and recreation by means of effective and efficient administrative support systems; and adequate resources.
- supporting a well-governed sports community through the development of national policies and guidelines for sport and recreation in the country.
- using the potential of sport and recreation to achieve government priorities through cooperation with identified international, national, provincial; and local government departments.

Legislation and policies

During 2013/14 the National Sport and Recreation Act, 1998 (Act 110 of 1998) was amended extensively and promulgated.

In terms of the National Sport and Recreation Amendment Act 2007 (Act 18 of 2007), the Minister of Sport and Recreation has the legislative powers to oversee the development and management of sport and recreation in South Africa. The key implementers of national policies for sport in the country are provinces and municipalities; as well as the South African Sports Confederation and Olympic Committee (Sascoc), sports federations, and other agencies.

The Safety at Sports and Recreational Events Act of 2010 (Act 2 of 2010) was drafted as a result of the Ellis Park Soccer tragedy and the subsequent findings of the Ngoepe Commission of Enquiry. *The White Paper on Sport and Recreation* was amended in 2011.

The department administers and controls the two public entities:

- Boxing South Africa, which was established in terms of the South African Boxing Act, 2001 (Act 11 of 2001).
- The South African Institute for Drug-Free Sport (SAIDS), which was established in terms of the SAIDS Act 1997 (Act 14 of 1997) as amended. The Public Finance Management Act, 1999 (Act 29 of 1999) guides all financial activities of the SRSA. The Public Service Act, 1994 (Act 103 of 1994) regulates the conduct of business in the Public Service.

Budget and funding

The SRSA's budget allocation for 2013/14 was R1,073 billion. Of this, 73% (R815 million) was transferred to provinces, municipalities and sports federations. A large portion of it went to Provincial Conditional Grants and the School Sport Programme. The department used only R258 million for all its activities, including salaries.

Role players

South African Sports Confederation and Olympic Committee

Sascoc is the controlling body for all high-performance sport in South Africa.

The SRSA and Sascoc cooperate closely on issues of mutual importance, and the SRSA provides funding to Sascoc, for instance in the preparation of elite athletes for international events.

It is the national coordinating macro body for the promotion and development of high-performance sport in South Africa, including team presentation, and must consult with relevant sports bodies in this regard.

Sascoc represents South Africa for all multicode sport participating in international games, such as the Olympic Games, Paralympic Games, Commonwealth Games and All-Africa Games.

South African Institute for Drug-Free Sport

The SAIDS is the national antidoping organisation, funded by SRSA. Its mandate is to promote participation in sport, free from the use of prohibited substances or methods intended to artificially enhance performance, in the interest of the health and well-being of sports people.

The SAIDS is responsible for developing antidoping policy and implementing a national antidoping programme across all South Africa's sporting codes.

The SAIDS is certified in terms of the

In September 2013, Lucas Sithole won the wheelchair quad singles title at the US Open tennis tournament, becoming the first man from Africa to win a singles US Open title of any kind. Sithole, 26, defeated America's David Wagner 3-6, 6-4, 6-4 in the final. He went a perfect 4-0 in four days of play, defeating Andrew Lapthorne, Nick Taylor and Wagner twice.



International Organisation for Standardisation 9001:2000 standards in compliance with the International Standard for Testing. This is the internationally recognised benchmark for quality assurance and excellence, and represents world best-practice in doping control in sport.

The SAIDS' key focus areas are:

- Doping control: The institute conducts a comprehensive, independent and effective national doping-control programme on South African athletes competing at regional, national and international levels. The SAIDS also conducts in- and out-of-competition doping controls on international athletes on behalf of international sports federations and other international anti-doping organisations.
- Education: The SAIDS provides education, information and awareness for athletes; coaches; parents; sports organisation; members of the medical, pharmaceutical and sports-science professions; tertiary-education institutions; and the public. Information on national and international antidoping issues can be accessed at www.drugfreesport.org.za.
- Research: The SAIDS conducts sociological research into the knowledge, attitude and use of performance-enhancing drugs among South African sportspeople, for the purpose of planning and implementing effective doping-control and education programmes.
- International collaboration: South Africa is an active participant in the global effort to combat drugs in sport. The SAIDS collaborates closely with counterparts worldwide to achieve international harmonisation and the improvement of standards and practices in doping control. South Africa is a member of the International AntiDoping Arrangement and of the Executive Committee of the Association of National Anti-Doping Organisations.

Boxing South Africa

Boxing South Africa's intention is to ensure effective and efficient administration of professional boxing in South Africa; to create synergy between professional and amateur boxing and to promote interaction between associations of boxers, managers, promoters, trainers and officials and Boxing South Africa.

It also considers applications for licences from all stakeholders in professional boxing. It sanctions fights; implements the relevant regulations; and trains boxers, promoters, ring officials, managers and trainers.

World Anti-Doping Agency (WADA)

The Africa Regional Office of the WADA was established in Cape Town in 2004 to coordinate

the anti-doping activities of the agency throughout Africa.

This includes promoting and maintaining effective lines of communication between the WADA and all relevant stakeholders, governments and public authorities, the broad sports movement, national antidoping agencies and laboratories.

South Africa continues to serve as the African representative on the Executive Committee of WADA.

National sport federations

The various sporting codes in South Africa are governed by their own federations and associations. These include:

- Aero Club of South Africa
- AFL South Africa
- Amateur Fencing Association of Southern Africa
- Anglers and Casting Federation of Southern Africa
- Archery South Africa
- Athletics South Africa
- Badminton South Africa
- Baseball Union of Southern Africa
- Basketball South Africa
- Bowls South Africa
- Boxing South Africa
- Bridge Federation of Southern Africa
- Canoeing South Africa
- Chess South Africa
- Clay Target Shooting Association of South Africa
- Confederation of Cue Sport South Africa
- Cricket South Africa
- Cycling South Africa
- Dance Sport Federation of Sport South Africa
- Darts South Africa
- Deaf Sports Federation of Southern Africa
- Federation Bocce
- Fitness Sport Aerobics Federation of Southern Africa
- Handball Federation of Southern Africa
- South African Sports Association for the Intellectually Impaired
- Judo South Africa
- Jukskei South Africa
- Karate South Africa
- Korfball Federation of South Africa
- Lifesaving South Africa
- Majorette and Cheerleading Association South Africa
- Martial Arts and Games Committee of South Africa
- Masters Sports Association of Southern Africa
- Mind Sports South Africa
- Modern Pentathlon Association of South Africa

- Motorsport South Africa
- National Amateur Bodybuilding Association of South Africa
- National Horseracing Authority
- National Pigeon Organisation of Southern Africa
- National Boxing Organisation of Southern Africa
- Netball South Africa
- Orienteering Federation of Southern Africa
- Parachute Association of South Africa
- Physically Disabled Association
- Powerlifting Federation of South Africa
- Powerboat South Africa
- Ringball South Africa
- Roller Sport South Africa
- Rowing South Africa
- Sasoc
- Scrabble South Africa
- Sheep Shearing Federation of Southern Africa
- Shooting Sport Federation of South Africa
- Snooker and Billiards South Africa
- Snow Sports South Africa
- Squash South Africa
- Soaring Society of South Africa
- Softball South Africa
- South African Amateur Fencing Association
- South African Bodyboarding Association
- South African Deep Sea Angling Association
- South African Figure Skating Association
- South African Fly Fishing Association
- South African Football Association
- South African Gold Panning Association
- South African Golf Association
- South African Gymnastics Federation
- South African Hang Gliding and Paragliding Association
- South African Hockey
- South African Ice Hockey Association
- South African National Archery Association
- South African National Equestrian Federation
- South African Polo Association
- South African Practical Shooting Association
- South African Rugby Union
- South African Sailing
- South African Shore Angling Association
- South African Tennis Association
- South African Underwater Sports Federation
- Surfing South Africa
- Swimming South Africa
- Table Tennis Board of Southern Africa
- Taekwondo Federation of South Africa
- Tennyquits Board of South Africa
- Tenpin Bowling Association of South Africa
- Transplant Sports Association of South Africa
- Triathlon South Africa
- Tug of War Federation of South Africa
- University Sport South Africa

- Volleyball South Africa
- Water Ski Federation of Southern Africa
- Weightlifting Federation of Southern Africa
- Wrestling South Africa
- Wushu Federation of Southern Africa.

Programmes and projects

National Sport and Recreation Plan (NSRP)

The five transversal issues which permeate every building block of the NSRP and that are considered non-negotiable imperatives are reflected in five strategic objectives, namely transformation, priority codes, ethical environment, geopolitical sports boundaries and amateur versus professional sport. These issues are pertinent as they traverse the entire NSRP.

While it is envisaged that the *White Paper on Sport and Recreation* will remain relevant until 2019, the NSRP will be closely monitored annually to identify any hindrances that may affect on implementation and will be reviewed in its totality in 2020.

To fulfil the NSRP, which is anchored in the heart of the National Development Plan, R10 billion would be needed.

A school sports bursary, which offers R100 000 towards covering the costs of education and support required by pupils; opened many opportunities for sports veterans and legends, and attracted retired sports people who had registered with the department to offer help as coaches, officials and sports administrators.

Youth Development Programme

The South African Football Association (Safa) launched its most ambitious development programme in April 2013, in the form of national leagues for under-13 and under-15 boys and girls, in a bid to lift the country's football teams consistently into the top three in Africa and the top 20 in the world within the next decade.

The Safa Under-13 and Under-15 Boys and Girls League received funding from the R450 million 2010 FIFA World Cup South Africa™ Legacy Trust established following South Africa's successful hosting of the 2010 FIFA World Cup.

The programme kicked off in all of Safa's 311 Local Football Associations (LFAs) in May 2013, with coaches and talent scouts selecting LFA teams to participate in regional competitions, followed by provincial competitions in September and national competitions in December.

In the process, 1 000 boys and 1 000 girls who show potential will be identified and put through tests at high-performance centres located at the country's universities.

School Sport Programme

There are 16 priority school sport codes that government supported in 2013/14, namely: athletics, basketball, boxing, chess, cricket, football, goal ball, gymnastics, hockey, netball, rugby, softball, swimming, tennis, table tennis, and volleyball.

The SA Schools League Programme is the main programme and culminates in the annual SA Schools National Championships.

The league programme starts in February and runs until June, with schools competing in intra-school and interschool league competitions.

As this is the core of the programme, other deliverables support it with:

- the capacity development programme, which involves the training of educators and sport volunteers in sport-specific programmes.
- providing sport equipment and sport attire support to poor schools.
- the provision of cluster coordinators to aid the delivery and support of sport.
- the identification of sport focus schools where athletes are placed to further their sport development.
- the support to school sport structures at local, district, provincial and national levels.

The SA Schools National Championships took place in December 2013, in Bloemfontein. All nine provinces competed in 12 sporting codes (athletics, basketball, chess, cricket, football, gymnastics, hockey, netball, rugby, table tennis, tennis and volleyball) and two indigenous games (morabaraba and jukskei). The event was attended by more than 7 000 participants. The winning provinces at the championships were: Gauteng, KwaZulu-Natal, and the Western Cape. The 2014 SA Schools National Championships is expected to be held in December 2014, in Pretoria.

I Play Fair – Say NO! to Doping Campaign

Safa, in conjunction with SAIDS, put Banyana Banyana players and the technical team through an hour-long anti-doping presentation in June 2013, as a way of sensitising the girls to the need to fight doping in sport.

The seminar also urged the girls to comply with the ethics of FIFA's Fair Play values. The anti-doping workshop for Banyana Banyana was aimed at helping the players understand doping control products and the ban federations

In November 2013, Ernst van Dyk and Lusapho April performed outstandingly at the New York City Marathon. Paralympian Van Dyk won second place in the wheelchair division and April came third in the men's elite category. Over 50 000 people participated in the event.

can impose on players found guilty of using banned substances.

The presentation by a SAIDS project facilitator covered aspects of drugs used to stimulate athletes' performance, provided information on supplements and steroids and the adverse effects they can have on an athlete's body.

International Rugby Board (IRB) Keep Rugby Clean Campaign

The IRB's Keep Rugby Clean campaign has the backing of eight sports ambassadors, including British and Irish Lions captain Sam Warburton, Argentina captain Felipe Contepomi, Australian flanker David Pocock and South African Sevens star Cecil Afrika.

Keep Rugby Clean Day at the Junior World Championship (JWC) 2013 coincided with the official launch of a comprehensive e-learning programme that will be rolled-out on www.keeprugbyclean.com. The multilanguage site is an extensive learning tool that allows players, coaches, management and parents to learn about the dangers and consequences of doping.

The IRB JWC plays a leading role in preparing the future stars of the game for the rigours of test rugby and antidoping education is an essential element in that process. The IRB operates a zero-tolerance policy to drug cheats in sport, in partnership with the WADA.

ThinkSport Journal Project

The second edition of the *ThinkSport Journal* of the SRSA was published in August 2013. It includes thought-provoking writing on current issues in sport by prominent names in South African sport.

The theme of the publication is "Development and Transformation in Sport." The publication contains an extensive explanation of the Transformation Charter and a number of articles addressing sub-themes in transformation.

Little Green Book Project

The second edition of the *Little Green Book* that profiles exceptional athletes, coaches, administrators and technical officials while they are living, was produced in July 2013.

Qhubeka: bicycles for rural development

Through its partnership with South African non-profit organisation Qhubeka, Team MTN-Qhubeka helps rural African communities by giving bicycles to children in return for work done to improve their environment and their community: for every 100 trees grown to at least

30 cm, or for every tonne of waste collected, Qhubeka donates one bicycle.

No ordinary bicycle either but a Qhubeka Buffalo Bicycle, engineered specifically for African terrain and load requirements, designed by World Bicycle Relief in Chicago, United States of America (USA) and assembled and tested in South Africa.

Qhubeka, in partnership with the Wildlands Conservation Trust, has distributed more than 40 000 of the bicycles since 2004, in the process making a massive difference in the lives of rural communities lacking a fundamental element of development: transport.

Rural schoolchildren are particularly badly affected by a lack of mobility. In South Africa, of the 16 million schoolgoing children, 12 million walk to school. Of these, 500 000 walk more than two hours each way, spending four hours getting to and from school each day.

Major events

Nelson Mandela Sports Day

The annual Nelson Mandela Sports Day was launched in June 2013 in partnership with the South African Rugby Union (Saru) and Safa.

This event is consistent with the government programme to observe 67 minutes in honour of Nelson Mandela and the UN resolution on Nelson Mandela International Day. This event was expected to contribute towards social cohesion.

The inaugural Nelson Mandela Sport and Culture Day at the FNB stadium on 17 August 2013 saw, for the first time in the history of South African sport, South Africans watching both rugby and football teams playing against their opponents at the same venue. There were also cultural activities and a music concert later on the day. Proceeds of the day went to the building of the Nelson Mandela Children's Hospital.

African Nations Championship (CHAN)

South Africa hosted the CHAN tournament from 11 January to 1 February 2014. CHAN featured African national teams made up entirely of players from the domestic leagues of the different countries. As host, South Africa qualified automatically for the event and was joined from the Southern Zone by Zimbabwe, who booked their place with a win over Zambia, and Mozambique, who defeated Angola.

The other participants were Libya, Morocco, Mauritania, Mali, Ghana, Nigeria, Burkina Faso, Congo, Gabon, the Democratic Republic of Congo, Burundi, Ethiopia and Uganda.

The draw for the tournament finals took place at the Confederation of African Football's

headquarters in Cairo, Egypt on 18 September 2013.

The teams were divided into four groups of four, with the CHAN organising committee determining the four seeded teams based on the rankings of those countries.

The CHAN matches were played at the Cape Town and Athlone Stadiums in Cape Town, the Free State Stadium in Bloemfontein, and the Peter Mokaba Stadium in Polokwane.

Fina World Cup

At the Fina World Cup in Barcelona in August 2013, Chad le Clos set a new world record in the 200 m butterfly event in a time of 1:49.04. Le Clos also won gold in the 100 m butterfly.

Cameron van der Burgh won gold in the 50 m breaststroke event in Barcelona and a silver in the 100 m breaststroke.

South Africa finished ninth on the medal table in Barcelona.

Roland Schoeman won gold in the men's 50 m breaststroke, 50 m freestyle and 50 m butterfly events at the Fina World Cup in Berlin.

Africa Cup of Nations (Afcon) 2013

The 2013 Afcon tournament was a resounding success and another reason why South Africa is a destination of choice for major sporting events. It was held from 19 January to 10 February 2013.

The three-week tournament concluded at Johannesburg's National Stadium, with Nigeria being crowned champions of Africa for a third time after beating their West African neighbours Burkina Faso 1-0 in the final.

In terms of the size and behaviour of the crowds, standard of play, organisation and general atmosphere, the tournament has set a benchmark for future Afcon tournaments.

Johannesburg City Parks in partnership with Township TV broadcast all the Afcon matches at nine public parks within the City of Johannesburg.

South African Sports Awards

The South African Sports Awards were presented at a ceremony in November 2013 where the Minister of Sport and Recreation South Africa honoured the sporting heroes who had excelled in the last 12 months.

Itumeleng "Spider Kid" Khune was the 2013 SA Sport Star of the Year.

Mapaseka Makhanya was the Sportswoman of the Year. She was champion in the 1 500 m and 5 000 m events at the South African Senior Championships in Stellenbosch. She was also crowned overall winner of the Spar Grand Prix series and claimed victory at the Gauteng Marathon, smashing the women's record by

more than six minutes in her marathon debut.

Cameron van der Burgh was the Sportsman of the Year. He is Africa's first home-trained world record holder and individual male Olympic Champion.

Sportswoman with Disability and Sportsman with Disability awards went to Kgothatso Montjane and Lucas Sithole respectively.

The Proteas were named the Team of the Year. They returned from a successful tour against Pakistan in Dubai. They drew 1-1 in a test series; won 4-1 in the One Day International series and won 2-0 in the Twenty20 series.

Other winners included:

- Administrator of the Year: Mimi Mthethwa – President of Netball South Africa
- Sports Woman of the Year: Mapaseka Makhanya – Athletics
- Newcomer of the Year: Thato Tsomole – Tennis
- Coach of the Year: Holger Losch – Tennis South Africa
- Volunteer of the Year: Zakes Mkhize – Triathlon South Africa
- Indigenous Games of the Year: Simphiwe Maphumulo – Morabaraba
- Federation of the Year: Swimming SA
- Photographer of the Year: Wessel Oosthuizen
- Journalist of the Year: Ramatsiyi Moholola
- Developing School Team of the Year: Daniye Primary School
- School Team of the Year: Sol Plaatje School
- Recreational Bodies: Discovery 702 Walk The Talk.

National indigenous games

The 2013 National Indigenous Games Festival, which is organised annually by SRSA, took place at the Tshwane Events Centre in Pretoria from 20 to 24 September. The games played included *khokho*, *intonga*, *ncuva*, *morabaraba*, *diketo*, *drie stokkies*, *kgati*, *dibeke* and *jukskei*, all of which are indigenous to South Africa and played in various parts of the country. The event also provided recreational activities for young children and families.

Transnet Rural and Farm Schools Tournament

The tournament held in September 2013, was a huge success among learners, coaches and sports officials. This annual sporting event began with over 22 000 learners across South Africa, who were whittled down to 2 000 entrants who competed in the three-day 2013 tournament. Teams came from Free State, KwaZulu-Natal, Eastern Cape, North West, Limpopo,

Mpumalanga and the Northern Cape.

Tournaments for netball, football, athletics and, recently introduced for its benefits for cognitive development, chess, took place. These games were played by girls and boys between the ages of 13 and 19, all of them coached by trained staff.

The Best Province of 2013 award went to the Free State, second place to KwaZulu-Natal and third place to the Eastern Cape.

National Sports Volunteer Corps (NSVC)

At the end of the 2012/13 financial year, 864 sports legends were registered for the NSVC programme.

The purpose is to keep a record of sporting greats in the form of sports legends and former players, athletes, coaches and administrators. This is done to use their experience in developing sport in schools. Most public and rural schools do not have specialist coaches to train their teams and to run their leagues. This initiative will help to overcome this shortcoming.

A further idea to attract the youth to participate in sport was the introduction of the sports bus. It has a "retro" look, working on a similar basis to the old-fashioned ice-cream van, which attracts people by playing an easily identifiable tune.

The department took delivery of 12 sports buses in 2013 that would transport sports stars who conduct training. The department hopes that it will encourage the youth to come out and see what is happening in the community, and participate.

Sporting achievements in 2013

One of the most exciting events in 2013 was the announcement of an athletics academy in Pretoria, aimed at high school pupils.

The project, which will cost in the region of R15 million a year, is being fully funded by an anonymous donor.

Athletics

Johan Cronj'e claimed bronze and the first ever medal for South Africa in the men's 1 500 m event at the International Association of Athletics Federations World Championships in Moscow in August 2013.

In May 2013, 23-year-old Reinhardt Hamman beat the African record for javelin of 43,37 m in the F37 class by throwing 44,93 m in the annual Nedbank National Championships for the Physically Challenged, securing him a gold medal in javelin; which he added to the gold medal he achieved for shot put and the silver for discus.

Biking, mountain biking, cycling

Ashleigh Moolman Pasio's 2013 was faultless.

In March; she claimed both gold medals at the South African Championships in Mbombela and then bookended her racing year appropriately in December with double gold at the African Championships in Egypt.

In between she competed in Europe against the world's best racers and moved into the top 15 in the International Cycling Union (UCI) world rankings, the highest climb ever by a South African road racer.

Daryl Impey made international headlines when he became the first South African to lead the Tour de France for two stages. He also snatched the silver medal in the men's team time-trial at the Road World Championships in Italy.

Back on South African soil, Impey won his second individual time-trial at the South African road championships.

Greg Minnaar retained his Downhill World Championship crown at the UCI Mountain Bike and Trials World Championships in Pietermaritzburg.

When it came to national representation, the South African cycling team continued its dominance in Africa, cementing its position as the number one cycling team in Africa.

Multiple South African champion, Kevin Evans, claimed victory in the elite men's road race at the Maccabi Games, increasing the tally of medals to four for the small team at the games in Israel.

The team went on to claim eight gold, four silver and four bronze medals at the African Continental Championship in Egypt.

The South Africans celebrated another milestone when national team rider Dylan Girdlestone won the eight-day Tour of Rwanda in Kigali.

Louis Meintjes was rewarded for his efforts when he was named Best African Rider of the Year in a poll of African cyclists conducted annually by La Tropicale Amissa Bongo. He claimed a silver medal at the UCI Road World Championships in Italy after finishing second.

On the local circuit, where national titles were at stake, Jay Thomson secured the biggest prize in road cycling lifting, the national men's title at the South African Road Championships in Mbombela. The gold medal followed Thomson's silver in the individual time trial.

Olympians Philip Buys and Samantha Sanders claimed the elite cross-country titles at the South African Mountain Biking (SA-MTB) National Championships in Port Elizabeth, while defending champion Tiaan Odendaal won his second consecutive downhill championship title.

Meanwhile, James Reid and London Olympic road cyclist Robyn de Groot, who recently turned

to mountain biking, were crowned champions at the South African Mountain Bike Marathon Championships in Hazyview.

One highlight was the inaugural staging of the Mzansi Tour, which was won by Robert Hunter.

The Momentum 94.7 cycle challenge was won by Team Bonitas rider Willie Smith, who cruised to his maiden victory in the men's race.

Team Bonitas' Herman Fouche, claimed his first win of the season in the *Cape Argus* Cycle Tour. The women's race was won by Anriette Schoeman, who was later rewarded with a motion of congratulations in Parliament. She was praised for achieving a record seven Cape Argus titles.

Girdlestone stormed to victory in the 151 km Jock Cycle Classique, while Bestmed-ASG captain An-Li Kachelhoffer took the overall honours in the women's race.

Team Abantu's Nolan Hoffman bagged 15 road titles, which included the Amashova Durban Classic, GoWest Cycle Classic and the Engen Cycle Challenge.

In MTB racing, national women's MTB marathon champion Robyn de Groot capped a solid year with her win at the Momentum 94.7 MTB Challenge race, while Kallen Williams defended his men's title. De Groot won the national MTB marathon championships in June, as well as the women's 75 km marathon at the MTN Rooiberg event in the same month.

South Africa's team RE:CM's Waylon Woolcock and Erik Kleinhans secured the men's title at the seven-day Cape Pioneer Trek.

Cape Epic victory went to Christoph Saucer and Jaroslav Kulhavy in the men's race, while Yolande Speedy and Catherine Williamson won the women's race.

Max Knox and Nico Bell claimed overall victory in the three-day Nedbank sani2c MTB race which finished on the KwaZulu-Natal south coast.

Candice Neethling and Philip Buys bagged titles at the national mountain bike cup series.

Track cycling Olympian Bernard Esterhuizen smashed his own national record in the 200 m sprint qualifying event at the UCI Track World Cup in Mexico. He also won the men's title in the keirin at the Deer Park Nature Spring Water UCI Fastest Man (and Woman) on Wheels in Pennsylvania, USA. At the national championships in Belville, Esterhuizen won both the sprint and one-kilometre time-trial, but was beaten by Jeanne Nell in the keirin event, while Nolan Hoffman won both the scratch and omnium events.

Elite BMX racer Teagan O'Keeffe finished 12th overall in the UCI Supercross World Cup

standings, while Sifiso Nhlapo ended the season ranked 31 in the men's standings.

H4 hand-cyclist and defending road-race World Champion Ernst van Dyk won his second silver medal at the UCI Para-cycling Road World Championships in Canada.

Boxing

The SRSA wants boxing to be turned into a leading sport code in South Africa by 2017.

Vision 2017 is a strategy to resuscitate and promote boxing in all the provinces. The plan will improve the administration and safeguard the health and general wellbeing of professional boxers. Authorities have also pledged to promote, market, and sanction quality boxing events and tournaments.

To achieve these objectives, BSA has to ensure that there is strong leadership, accountability and diversity across all business units and governing spheres.

The parties further agreed that BSA would introduce guiding principles for improved revenue streams and revenue collection.

Revenues would be generated from government grants, bequests, site fees, ticket sales, registration fees, tournament licensing fees, penalties, incomes from invested surplus, sponsorship and fund-raising, broadcast and advertising income.

The National Boxing Indaba took place in September 2013 in Johannesburg. Its aim was to deliberate effective and efficient practices that would improve the administration, governance and regulation of open and professional boxing.

Themed "Galvanizing the Future of Boxing for the Boxer", the national Boxing Indaba was preceded by provincial izindaba to safeguard the interests of the boxer.

In October 2013, nine Eastern Cape boxers beat some of South Africa's big guns to secure themselves a seat on the plane to Scotland to participate in the 2014 Junior Olympics.

The nine boxers, including four boys and five girls aged between 15 and 18, won their places at the Junior Olympics by beating their opponents at a national youth boxing tournament held in Bethlehem in October.

Simpiwe Vetyeka became South Africa's first World Boxing Association world boxing champion in 20 years.

Cricket

South Africa's national team, the Proteas brushed Pakistan aside in a three-test series but six months later, Pakistan surprised South Africa by winning the first test in the United Arab Emirates, but with the rust out of their system,

the Proteas romped to an innings victory in the second test to tie the series. The win was South Africa's 100th since the country's readmission to world cricket in 1992.

Three of Wisden's Cricketers of the Year were South Africans, with Hashim Amla, Dale Steyn and Jacques Kallis being recognised by the "Cricketer's bible."

Canoeing, rowing

In September 2013, South African paddlers excelled at the ICF Canoe Marathon World Championships in Copenhagen, Denmark, with Hank McGregor and Andy Birkett both claiming titles.

Hank McGregor captured the prestigious open K1 title on the final day of the competition to become world champion for the third time.

Andy Birkett, the three-time winner of the world's largest canoe race, the Dusi Canoe Marathon, meanwhile showed that his talents are not suited to the uniquely challenging Dusi only. He and Brandon van der Walt battled it out for the honours in the under-23 K1 category, with Birkett eventually edging out his South African compatriot for the title by a single second.

Kirsten Flanagan, the under-18 world surfski champion, added a silver for South Africa in the K1 women's junior race.

In the Masters World Championships, KwaZulu-Natal Canoe Club's Marion Young and Len Jenkins (sr) both came away with two gold medals.

Young, competing in her first World Championships, won K1 gold in the 35 to 39 age group and then teamed up with Angela Scruby to capture the K2 title. Jenkins, who had coached Young, managed the same feats in the men's 70 to 74 age group.

Lee McGregor teamed with Alan Hold for a K2 gold medal in the 60 to 64 age category. Hold had won a silver medal in K1 competition, while McGregor claimed fourth place against competition 10 years his junior while contesting the K1 race in the 50 to 54 age group.

Rowers David Hunt and Vincent Breet won gold in the men's pairs at the under-23 World Championships.

Golf

South Africa's Lee-Anne Pace came from behind to end a three-year title drought when she triumphed at the Turkish Airlines Ladies Open, a Ladies European Tour event, at the National Golf Club in Belek, Antalya, in May 2013.

Thomas Aiken captured the second European Tour title of his career in March 2013, winning the Avantha Masters in New Delhi, India to

become the sixth South African winner in just 12 tournaments on the European Tour.

In February 2013, South Africa Special Olympics gold medallist Thomas Lugg set a new benchmark for Special Olympians worldwide when he made a historic debut at the 2013 Sanlam South African Amateur Golf Championship at Johannesburg's Country Club.

Also in February 2013, Darren Fichardt captured the Africa Open Golf Challenge in East London to continue the run of success by local golfers in European Tour events hosted in South Africa.

Richard Sterne won his sixth title in February 2013, winning the event with a tournament record total of 27-under-par 260 in the Joburg Open at the Royal Johannesburg and Kensington Golf Club. It was the largest winning margin in the history of the event and, in relation to par, Sterne's commanding victory was the second-lowest winning total in the history of the European Tour.

South Africa's Louis Oosthuizen began 2013 in style by capturing the Volvo Golf Champions at Durban Country Club in January. With the win, he climbed to a career-high ranking of fourth in the world.

In the KeNako South Africa World Junior Tournament, Jade Buitendag, who had started the day a single shot behind the leaders, played an excellent round leaving Buitendag and Robert Burlison of England to play-off for the 2013 title, which Buitendag won.

Jason Froneman was paired with Buitendag in the team competition. The team's combined 136 strokes won the day against closest rivals, Australia's 147 strokes.

Lara Weinstein became the first player to successfully defend her title.

The KeNako Academy announced that it had signed a new three-year contract with the World Junior Golf Series, extending the KeNako South Africa World Juniors Tournament to 2016.

In June 2013, British Open Champion Ernie Els claimed his first victory in Germany when he won the BMW International Open in Munich.

A group of golfers, including South African sports celebrities Jacques Kallis, Nick Mallet, Jake White and Francois Pienaar, have raised and donated almost R650 000 to help fund several struggling community organisations.

The sports stars were among about 1 000 golfers who played in the week-long Cadiz Steenberg Classic at one of the world's top golf estates, the Steenberg Golf Estate in Cape Town. The event – one of Africa's biggest amateur golf fund raisers – has raised almost R4 million through auctions and donations over the past 12

years, providing critical aid to community organisations around the golf estate in Cape Town's southern suburbs.

Hockey

World number 11, South Africa, played world number one and 2012 London Olympic Games gold medallists, The Netherlands, in the Investec Challenge final in January 2013. In the same month, the Investec South African women's hockey team beat Austria 2-0 in their final World League round two match at Hartleyvale Stadium in Cape Town.

In September 2013, Marsha Marescia, the Investec South African women's hockey team captain, was honoured by the Minister of Sport and Recreation South Africa. The South Africa Under-21 women's hockey team had five players capped in the Investec South Africa women's senior side and were confident about delivering a good performance at the 2013 Junior World Cup women's event in Mönchengladbach, Germany.

In June 2013, South Africa's hockey captain Austin Smith netted a hat-trick of penalty corners in his team's 3-1 Test 3-1 victory over Malaysia in Potchefstroom.

Ice hockey

The South African women's national ice hockey team has participated in International Ice Hockey Federation events since the 1999 International Ice Hockey Federation (IIHF) Women's World Championship. The South African men's team was ranked 40th, and the women's team ranked 28th in the IIHF World Rankings. The 2013 IIHF World Championship Division III was an international ice hockey tournament run by the International Ice Hockey Federation. Group A was contested in Cape Town, South Africa, and ran from 15 to 21 April 2013.

Motorsport

Giniel de Villiers finished second in the Dakar Rally in a South African-built Toyota Hilux 4x4 and was named the South African Motor Sportsman of the Year. Kelvin van der Linde made South African motor-racing history when he won the 2013 Volkswagen Scirocco R-Cup Championship at the Hockenheimring circuit in Germany and Austria in October 2013 and won a place at the FIA Institute's 2013/14 Young Driver Excellence Academy.

Netball

South African netball umpire Theresa Prince began 2013 by officiating a test series between reigning world champions Australia and third ranked England in January.

The South African under-21 netball squad made a clean sweep of all their matches in their short tour of Singapore.

The under-21s played the Singapore under-21, Malaysia Schools and the Singapore Open team during their brief visit.

Rugby

The Springboks began their international season with an emphatic 44-10 win over Italy in their first game of the Incoming Series in June 2013.

South Africa staged a second-half comeback to record a flattering 30-17 win over Scotland in the four-nation tournament in June 2013.

Bryan Habana took his test try total to 50 as South Africa defeated a 14-man Samoa side 56-23 at Loftus Versfeld to win the Incoming Series final.

The Springboks got their Rugby Championship campaign off to a good start with a 73-13 annihilation of Argentina at the FNB Stadium in August 2013.

Two late penalties by flyhalf Morné Steyn sealed an unimpressive 22-17 win for South Africa over Argentina in a Rugby Championship Test in August 2013.

The new Springbok Experience rugby museum opened its doors to the public at the V&A Waterfront in Cape Town on Heritage Day 2013, and was given an enthusiastic thumbs-up by Springboks and former national captains.

The South African Sevens team finished second in the HSBC Sevens World Series, won titles in Las Vegas, Tokyo and Edinburgh, defeating New Zealand on all three occasions for the title, and also captured World Games gold in Colombia in August.

Former Springbok coach Ian McIntosh received the International Rugby Board's Vernon Pugh Award for Distinguished Service at the IRB World Rugby Conference and Exhibition in Dublin, Ireland, in November 2013.

Running

Endurance running is a popular sport in South Africa and is widely supported. It is highlighted by two ultra-marathons, namely the Comrades Marathon and the Two Oceans Marathon. Both events are world-renowned and attract large numbers of participants from across the globe.

The Comrades Marathon takes place in KwaZulu-Natal and the Two Oceans in the Western Cape.

Novice runner David Gatebe beat a highly competitive field at the 44th Old Mutual Two Oceans Ultra Marathon in April 2013, in a time of 03:08:54. Second place went to Nedbank runner Mthandazo Qhina (03:10:02), who competed

in his fourth Two Oceans Ultra Marathon, while Moeketsi Mosuhli (03:10:23) from Lesotho claimed third place.

Natalia Volgina of Russia won in a time of 03:38:38, just over a minute ahead of second place Thabita Tsatsa from Zimbabwe. In third place was South African Charne Bosman.

The combined results for those athletes who completed both the Old Mutual Two Oceans Ultra Marathon and the *Cape Argus* Pick n Pay Cycle Tour in 2013 were Lindy-Lee Fölscher, who topped the women's race in a total time of 8:02:47, and Marco De Freitas, who took the men's in a total of 7:03:04.

In the half marathon, both the men's and ladies, winners established new course records despite windy conditions. Stephen Lesego Mokoka (Team Transnet) won the men's race in a time 01:03:36, beating Lusapho April (Oxford Striders) and Joel Mmone (Nedbank Development) to the finish.

In the ladies race, Ethiopian runner Biru Meseret Mengista stormed to victory in a time of 01:12:43, shaving more than two minutes off the course record, set last year by Rene Kalmer, who managed to take second place. Third place in the ladies 21 km went to Irvette van Blerk in a time of 01:15:20.

The searing heat and strong winds will have the 2013 Comrades remembered as one of the toughest Comrades marathons. Most memorable Comrades 2013 moments were:

- South African Claude Moshiywa won the 2013 race, in a time of 05:32:09. He crossed the finish line a comfortable nine minutes ahead of second-placed Jonas Buud (Sweden).
- Russian twin Elena Nurgalieva won her eighth Comrades Marathon. She is now just one win away from equalling Bruce Fordyce's nine-win record.
- Defending champion Ludwick Mamabolo finished in fourth place, after spending the last year fighting doping allegations regarding the 2012 race.
- Charne Bosman was the first South African woman across the line, in fifth place. She was just pipped at the finish line by Scottish runner, Joasia Zakrzewski.
- Alan Robb ran his 40th consecutive Comrades Marathon.
- Out of 19 907 entrants 14 336 started the race and only 10 188 finished.
- Around 7 000 runners crossed the finish line in the last 90 minutes of the event.

Soccer

Banyana Banyana finished in 11th place in the Cyprus Cup in March 2013 after defeating

Northern Ireland 5-4 in a penalty shootout at the Tasos Markou Stadium in Paralimni.

Banyana Banyana were too strong for Mozambique in an international friendly played at KaNyamazane Stadium in Nelspruit in June 2013, romping to a 5-0 victory.

Banyana Banyana played to a tough 1-1 draw with Zimbabwe in a friendly international at Sinaba Stadium in Daveyton, east of Johannesburg, in June 2013.

Bafana Bafana got their FIFA World Cup™ qualifying campaign back on track with a 2-0 victory over the Central African Republic (CAR) at Cape Town Stadium in March 2013.

Bafana Bafana's hopes of reaching the World Cup in Brazil in 2014 ended in heartbreak despite a Bernard Parker brace propelling them to an emphatic 4-1 victory over Botswana in their final qualifying match in Durban in September 2013.

The hosts needed to win the game to have any hope of reaching the global spectacle next year, which they did, but Group A leaders Ethiopia, who they needed to either lose or draw against CAR instead won the match 2-1. That enabled the East Africans to top the pool and reach the final 10-team qualifying stage at the expense of South Africa.

Orlando Pirates midfielder Tlou Segolela scored a goal in each half as Bafana Bafana defeated Lesotho 2-0 in an international friendly match played at the Setsoto Stadium in Maseru, Lesotho in June 2013. South Africa remains unbeaten against the Mountain Kingdom with five victories in six meetings and one draw.

Orlando Pirates made headlines when they reached the final of the African Champions League. However, defending champions Al Ahly, whom they had beaten 3-0 in Cairo in group play, stopped the Buccaneers in the final, winning 3-1 on aggregate.

Pirates' great rivals, Kaizer Chiefs, the most popular team in South Africa, won the Premier Soccer League title for the first time since 2004/05.

Surfing, surfski, sailing

The South African surfing team celebrated a superb double at the 2013 Reef ISA World Surfing Games in Panama in May 2013, when they were crowned the ISA World Team Champions and captain Shaun Joubert clinched the ISA Men's World Champion title.

In addition to the gold medals, South Africa collected the Fernando Aguerre World Team Champion Trophy, the International Olympic Committee (IOC) President's Trophy, and the once-off 5th Century Cup of the Discovery of the Pacific Ocean for winning the title for the first

time outside South Africa and third time overall.

In July 2013, the Sapinda Rainbow project and Nelson Mandela Children's Fund bid *bon voyage* to 10 young South Africans (eight primary crew and two reserves) before they left for the United Kingdom (UK) to train for the Clipper Round the World Yacht Race, which set off from London on 1 September, at 40 000 miles, it is the longest ocean challenge on the planet.

The unique initiative aims to develop young community leaders of the future who will also raise international awareness and funds for the Nelson Mandela Children's Hospital.

The group took centre stage at the 2013 Annual Children's Celebration to mark its founder Nelson Mandela's 95th birthday. The event remains the children's way of honouring Madiba their champion.

Swimming

In September 2013, South African Olympic and Paralympic medal-winning swimmer Natalie du Toit was awarded an Honorary Member of the Most Excellent Order of the British Empire by Her Majesty Queen Elizabeth of the UK for her contribution to Paralympic sport.

Four South Africans wearing only Speedo costumes, caps and goggles returned home triumphant after completing an icy and gruelling 134 km relay crossing of the treacherous Bering Strait from Russia to Alaska, USA over five days.

Ice swimmers Andrew Chin, Ram Barkai, Ryan Stramrood and Toks Viviers were part of the international relay swim in Arctic gale force winds (at times up to 44 knots), strong currents, 5 m swells and water temperatures ranging between 2° and 8°C.

The world-first epic relay adventure began on 5 August from Cape Dezhnev in remote Russia. A large Russian army vessel and two small Zodiac "rubber duck" boats supported the swimmers whose visibility in the stormy ocean was further hampered by thick fog.

Carina Bruwer, lead player of Sama Award-winning instrumental pop group Sterling EQ, successfully rounded Cape Point on 23 April 2013, finishing an 8 km extreme swim equipped only with a standard swimming costume, cap and goggles, according to openwater swimming rules.

The "Swim for Hope" was in support of the Little Fighters Cancer Trust, a local charity that offers support to children with cancer and their families.

Tennis

South Africa's leading tennis player, Kevin Anderson, missed out on winning his third career

ATP World Tour title when he went down to Spain's Tommy Robredo in the final of the Grand Prix Hassan II in Casablanca in April 2013.

Anderson, seeded second, was seeking his first clay court title after two previous titles on hard courts in the South African Open in Johannesburg and the Delray Beach International in Florida.

South Africa's junior tennis players proved they are the best on the continent by dominating the African Junior Championships at the University of North West in Potchefstroom, in February 2013.

Wayne Montgomery, the highest world-ranked junior tennis player in Africa at number eight in the world, won the boys' singles. He then teamed up with Matthew Rossouw to win the doubles.

South Africa's third title came in an all-South African girls' doubles final, won by Janet Koch and Jessica Simpson.

South Africa's leading players shone at the Airports Company South Africa South African Open at Ellis Park in Johannesburg in April 2013, but were thwarted in their quest for titles in the NEC Wheelchair Tennis Tour Super Series event.

Chess

In July 2013, South Africa hosted the African Open Chess Championships for the second time in two years. Eight hundred players from 29 countries participated.

President Zuma said at the opening that sport contributed to advancing sustainable development in different sectors of South African society.

South Africa returned to international chess on 7 June 1992 when they played against Argentina in the Philippines. The Department of Basic Education encourages chess as a serious sport in schools.

South Africa intends to use chess as an educational tool, to enhance logic and lateral thinking for mathematics and sciences, which many people find difficult.

South Africa will count on the Local Organising Committee's commitment to supporting chess development programmes in underprivileged communities.



